So long, farewell, auf Wiedersehen, adieu. Adieu, adieu, to yieu and yieu and yieu.

Ex-CHAIR’s Revue.

Well, my two year tenure as your Chairperson has come to an end and I have handed over the role to a new leader.

I have thoroughly enjoyed chairing the U3A Committee Meetings each month and, after five years, in total, on the Committee, first as a Group Co-Ordinator with Loraine Swan when we first founded the Lanark and District U3A, then as the Chairperson with Loraine again as my Vice-chair.

I have witnessed such hard work and enthusiasm from the members of our Committee, with everyone willingly fulfilling the roles they have chosen (or been badgered into ...) that I want to thank them all very much for their support of me, in a role that I have never before had experience of. Along with their hard work, I have also been ably assisted by U3A members who have been Group Leaders and members who have volunteered for all the many tasks that are required at our Open Meetings in The Memorial Hall.

Without those wonderful 'worker bees' our U3A Meetings could not happen. Thank you—You know who you are!

I have so enjoyed our Speakers at Open Meetings and I applaud the diversity of subjects. Actually, for me, that is where the 'university' part of our U3A comes in, as I have widened my knowledge of people and their interests and abilities and have been inspired to investigate several subjects further, after their talks.

I have tried in my two years as Chairperson, to make everyone feel valued and to convince you all that this is, by no means, an elitist group, but an organisation where you can socialise, enjoy and learn while making new friends and taking up pastimes that you had little time for pre-retirement, in your working years.

I hope I have succeeded and that I have managed to entertain you occasionally and make you laugh as laughter is good for the soul.

I leave and heave a sigh and say goodbye, goodbye!

"See you all soon!

Rosemary Train

Chair’s welcome.

I am honoured to be Lanark & District’s Chairperson for 2016 to 2018 and look forward to working with the committee and members to ensure that our U3A goes from strength to strength.

I follow in the footsteps of Rosemary Train and Lesley Gair who have both brought their inimitable styles to the role and have worked hard to promote the principles of U3A. On your behalf I wish to thank them both and know that I will be able to consult them for advice when necessary.

We hope to maintain our present groups and introduce new groups inspired by your suggestions, please support them and consider leading a group. Our new syllabus will soon be available and I am sure that you will find it interesting with a variety of subjects on offer. Please invite friends, family and neighbours (who are semi-retired or retired) to come along to our first meeting of the season on Wednesday 21st September. You are cordially invited to pop in to Lanark Tolbooth on Saturday 3rd September when we are having an Open Day with a few surprises.

Remember

LIVE, LAUGH, LEARN

I look forward to welcoming you in September and hope to visit all Groups during the new session.

Have a wonderful summer whether at Home or Away!  Loraine.
Committee member changes.
This is the year where the role of Chairperson changed hands, two members left and one joined the committee. We thank Sheila Easton and Rosemary Train for their commitment and hard work, and welcome John Foster onboard.

The committee is now made up of the following people.

- **Loraine Swan**  
  Chair
- **Nelson Waters**  
  Vice-Chair
- **Anne Hood**  
  Treasurer
- **Margaret Dunlop**  
  Business Secretary
- **Anne Armstrong**  
  Membership Secretary

Committee Members’ pictures are included for reference.

An explanation of the role of a Group Coordinator.
They are committee members who undertake to oversee and support the working of the Interest Groups. They are a point of contact assisting the Group Leaders, where required, in the creation and ongoing work of the groups.

Who were ‘ALL’ the people that had a hand in turning these around and why did they do it?

Last year we had speakers who delivered a very varied programme of topics.


In the true tradition of variety and something for everyone see below the programme for 2016/2017

General Meeting—Dates for your Diary.

<table>
<thead>
<tr>
<th>General Meeting Dates</th>
<th>Speaker / Subject</th>
</tr>
</thead>
<tbody>
<tr>
<td>21st September 2016</td>
<td>Kym Fletcher – ‘The Wallace Tearooms’</td>
</tr>
<tr>
<td>19th October 2016</td>
<td>Robert Wilson – ‘The Carluke VCs’</td>
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<tr>
<td>16th November 2016</td>
<td>Jenny MacKay - ‘The Magic of Textile Art’</td>
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<tr>
<td>14th December 2016</td>
<td>Christmas Lunch – New Lanark Mill Hotel</td>
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<tr>
<td>18th January 2017</td>
<td>A Burns Extravaganza</td>
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<tr>
<td>15th February 2017</td>
<td>Lorna Seath – ‘Looking after Ourselves in Older Age’</td>
</tr>
<tr>
<td>15th March 2017</td>
<td>Peter Drummond – ‘Place Names in and around Lanark’</td>
</tr>
<tr>
<td>19th April 2017</td>
<td>Ian Thomson – ‘VIP and Royal Security’</td>
</tr>
<tr>
<td>17th May 2017</td>
<td>AGM and Phoebe Weller – ‘The Roving Fromagiere’</td>
</tr>
</tbody>
</table>

Lanark & District U3A
Wow, what a day!

Our annual outing started early in glorious sunshine with some members starting the day from Lanark and the remainder joining at Carluke. There were 2 coaches taking approximately 60 people on a wonderful day out. We drove to Dalgarven Mill which is a Museum of Country Life and Costume in Kilwinning, Ayrshire.

On arrival we were split into 2 groups with one group going into 'The Miller’s Kitchen' Coffee Room where we enjoyed morning coffee and really delicious scones, the other group enjoying a most interesting presentation given by the current owner then enjoying time viewing the exhibits which are displayed over 3 levels. After a most pleasant time in the company of friends the 2 groups changed over and we proceeded to the presentation and museum tour.

This is an industrial architectural gem in rural Ayrshire with an operational water wheel which turns daily in summer, river conditions permitting. There is, I believe, a riverside walk which I am sure would be absolutely delightful.

The costume section of the museum was quite wonderful and one could just imagine wearing some of these gorgeous gowns. However, while viewing some of the ‘older’ items like the Hotpoint washing machine and the Hoover Junior, I suddenly realised that I am older than I thought as I just remember seeing these items in my home as I grew up in the 50’s, girls, we certainly have a much easier life pushing buttons on washing machines and other electric appliances whereas our parents worked so much harder in the home. Gentlemen you too now have all these electric tools where our fathers worked with very different tools.

Seeing the old Ayrshire blankets with the dark blue stripe also reminded me that life has changed with duvets etc. So, although getting older, the advances in the way we live has made life so much easier for us. Aren’t we fortunate?

On leaving the museum we were driven on to Largs and made the short crossing to Millport where, in glorious sunshine, we enjoyed about 2 hours when we were able to choose how to spend our time. Some people had brought a packed lunch and others enjoyed a little snack in one of the cafes or wine bars. You will realise by now that food plays an important role in any day out and true to form on returning to Largs we proceeded to Nardini’s where we had a fish tea and some of that famous ice cream.

On our journey home we enjoyed a super musical interlude courtesy of Ken on the harmonica. A great end to a great day!

My first outing with Lanark U3A has been just wonderful. Our thanks to these three ladies for organising such a great day out.

Anne Armstrong, Sheila Easton, Cary Jones.

by Elizabeth McLachlan

Photographs courtesy of Bill Toy, Cary Jones, Cathy Cursiter, Donald Hancock.
U3A Annual Outing

Based on the refrain from ‘Day trip to Bangor’, Fiddler’s Dram, 1980

Didn’t we have a lovely day, the day we went to Millport,
The buses were full, the drivers were cool,
And every-thing went nearly to plan.

The buses were led by Cary and Anne, with Sheila having to stay home,
Her input was great, get better soon, mate.
And the wheels went round.

We left on the dot, the forecast was hot, and so we left for Dalgarven,
Costumes of old and a tale aptly told of a Chinese story hard to take in,
Coffee and cakes, the scones freshly baked,
And treasures going back to the past,
(a bit like us, treasures I mean),

So back on the bus and off to the boat, with plenty of time to get there,
The polis said hold, you can’t go by this road,
But we got Largs ferry with just time to spare.

But stop, what is this, a jam, boo and hiss, a road blocking bus with nobody in it,
So Starkey jumped in and moved it a bit, and the wheels went round.

A short little sail, no wind, rain or hail, and we alighted at Millport,
We saw seals on the isles, we could have walked miles,
But some of us just lunched, and listened to the pipers
(and drank wine and chatted and enjoyed the sun)

Back over the sea and Nardini’s for tea,
Big fish and chip plates, with ice cream for afters,
Then Ken on the bus with harmonica plus
Our voices singing up to the rafters,

So home we all came, with thoughts of the same,
To happen another day next year.
Who knows where we’ll go, but it will be a good show,

And the wheels went round,

Didn’t we have a lovely day, the day we went to Millport . . . . . . .

Thanks to Cary Jones for the reworking of the words to the song.
What? A Lanimer entry? No, certainly not! Nobody will want to do it! It will probably rain! It’s always cold! What would we do, anyway? Dress up in daft costumes? We’re too old!

**But it could be fun, something different! Well, perhaps. OK, let’s go for it!**

We start looking for people to do it. We source materials such as paint, plastic for flowers, cardboard, rugby shirts, a car (to rest our legs during the procession). All the essentials. Now all we have to do is get started on the work. Surprisingly, we find lots of volunteers both to walk and to help. Robert Weir kindly lends us his beautiful vintage car. Pre-made flowers appear – saves a lot of work. House is cluttered with cardboard placards, smells of paint, helpers laughing, chatting, having a good time. Coffee to keep us going.

Now for the day itself! SUN! Put on the sun cream – but take the plastic bags just in case! Nothing like being prepared in Scotland!

We start with bacon butties at Loraine’s, then join the parade. We are all happy, enjoying the music, dancing down the street, showing everyone that the U3A is a great organisation, for the young at heart, we are not old fuddy-duddies.

*Thanks to everyone involved — see you next year*

*Lesley*  
*Lanark & District U3A*
In April, our group each volunteered a book they had personally selected for our next meetings--May, September onwards.

Our choice for May was "The Quality of Silence" by Rosamund Lipton, written partially from the point of view of a 10 year old deaf girl, and partially by her mother.

They trek across the Arctic Circle in a huge truck to re-unite with their father/husband.

I found it really strange that I was reading this last week outside in the long-awaited sunshine and heat, while Ruby and her mother were struggling to survive in extreme sub-zero temperatures!

The other books we've chosen (if you want to join us in our choice) are:-

September 20th."Life After Life" by Kate Atkinson

Life After Life follows Ursula Todd as she lives through the turbulent events of the last century again and again. With wit and compassion, Kate Atkinson finds warmth even in life's bleakest moments, and shows an extraordinary ability to evoke the past. Here she is at her most profound and inventive, in a novel that celebrates the best and worst of ourselves.

October 18th. "Do No Harm" by Henry Marsh

What is it like to be a brain surgeon? How does it feel to hold someone's life in your hands, to cut through the stuff that creates thought, feeling and reason? How do you live with the consequences when it all goes wrong?

DO NO HARM offers an unforgettable insight into the highs and lows of a life dedicated to operating on the human brain, in all its exquisite complexity. With astonishing candour and compassion, Henry Marsh reveals the exhilarating drama of surgery, the chaos and confusion of a busy modern hospital, and above all the need for hope when faced with life's most agonising decisions.

November 15th. "The Kind Worth Killing" by Peter Swanson

'Hello there.'

I looked at the pale, freckled hand on the back of the empty bar seat next to me in the business class lounge of Heathrow airport, then up into the stranger's face.

'Do I know you?'

A sublimely plotted novel of trust and betrayal,

January 24th. "A Mother's Reckoning" by Sue Klebold

On April 20, 1999, Eric Harris and Dylan Klebold walked into Columbine High School in Littleton, Colorado. Over the course of minutes, they would kill twelve students and a teacher and wound twenty-four others before taking their own lives. For the last sixteen years, Sue Klebold, Dylan's mother, has lived with the indescribable grief and shame of that day. How could her child, the promising young man she had loved and raised, be responsible for such horror? And how, as his mother, had she not known something was wrong?

February 21st. "Whiskey, Tango, Foxtrot" by Kim Barker

A true-life Catch-22 set in the war-torn countries of Afghanistan and Pakistan, by one of the region's longest-serving correspondents. Kim Barker is not your typical, impassive foreign correspondent she is candid, self-deprecating, and funny. At first an awkward newbie in Afghanistan, she grows into a wisecracking, seasoned reporter with grave concerns about the ability of US might to win hearts and minds in the region. As she does the Taliban shuffle between conflict zones, Barker offers a closeup account of the war in Afghanistan and Pakistan, chronicling the years after America's initial routing of the Taliban. When Barker arrives in Kabul, foreign aid is at a record low, electricity is a pipe dream, and of the few remaining foreign troops, some aren't allowed out after dark. Meanwhile, in the vacuum left by the US and NATO, the Taliban is regrouping.

Enjoy, Folks!

Rosemary Train
Book group (SG)

In March our group read 'The Land of The Long White Cloud' by Sara Lark. It is a very long book but an easy read about love and life in the 1800’s in New Zealand. It provided a fascinating account of how New Zealand was settled and more about sheep farming than you could ever wish to know.

Our April book was 'The Girl with the Pearl Earring' by Tracey Chevalier. We choose our books on a rotational system so that every member takes a turn to recommend a book to read. Everybody read this book and enjoyed it. A lively discussion followed about the personalities portrayed in the book. It was set in Holland in the 1700’s and it was very enlightening about the art of painting.

In May we read 'Far from the Madding Crowd' by Thomas Hardy. This was a book that I had read 50 years ago and disliked. When I re-read it I found Hardy's insight into human nature extraordinary and his descriptions and characterization wonderful. Everybody brought a contribution for a meal which we had in a member's home. We also watched the 2 hour film based on the book and enjoyed a lovely social evening together. The ladies all adored Farmer Oaks (Gabriel to them) and the book and film were very highly thought of by all of us. Once again we updated our knowledge on sheep farming and its hazards!

We have chosen 'The Unlikely Pilgrimage of Harold Fry' by Rachel Joyce for our June book. 'When Harold Fry nips out one morning to post a letter, leaving his wife hoovering upstairs, he has no idea that he is about to walk from one end of the country to the other. He has no hiking boots or map, let alone a compass, waterproof or mobile phone. All he knows is that he must keep walking. To save someone else's life.'

Our group runs twelve months of the year. We have the books chosen for the next 3 months to allow members time to get reasonably priced copies. Our meetings are held at 16.00 hours on the first Wednesday of each month in the home of the person who chooses the book to be read that month.

Siobhan Gainford

Floral Art

A perfect warm, sunny Spring day saw 7 lucky U3A members getting stuck in to creating a variety of beautiful Spring floral arrangements and hand held bouquets.

Yellow dominated the Spring theme of our first meeting in April.

We were encouraged by our excellent, experienced tutor, Victoria to snip and prime, turn and slit to create a wonderful selection of displays.

After tea and biscuits (chocolate) we critiqued our efforts and everyone left with a spring in their step!

The second meeting was about creating a modern arrangement. Again, all went well and we produced quite a variety of designs. Our challenge today was Ikebana, which is the Japanese art of flower arrangement.

It means 'living flowers' and employs a degree of minimalism, geometry, colour and form. There are many types of this ancient art form. The structures of Ikebana, ie. flowers, leaves, stems and branches, symbolise, heaven, earth and man. A Kenzan or oasis may be used as a base to secure the display.

With these concepts in mind and following a chocolate truffle or two........ we set about the challenge enthusiastically!

A spiritual, silent approach to this task is considered correct, but needless to say was Not achievable! However, after an hour's thought......... and a few adjustments............we produced a colourful collection of Ikebana, to everyone's satisfaction.

Our next challenge will be to create a large arrangement, all our flowers being put together in a large container.

The meeting is held in Alvo rooms, Lanark and if anyone who would like to join us for our next meeting on Monday, 20th June, please contact Lesley at lesleycgair@gmail.com for further information.

Lesley Gair
The Barony Restaurant in Biggar was our choice of venue for March and as usual the standard was very high. This was our third visit to The Barony so that alone speaks for itself.

During the month of April we visited the Hup Lee Chinese Restaurant in Motherwell for an oriental buffet and a wonderful culinary experience was enjoyed by all. Many of our members stated that a return visit would certainly be on their agenda.

I am writing this on my return from our May lunch at La Piazza, Braidwood in Carluke and as usual service and food were very good. Some say the portions could be a little more generous, while others say it was more than adequate. You can’t keep them all happy all of the time!!

Sheila and I have decided that after three years of running the Lunch Group the time has come for some new input and we are delighted to be handing over the reins to the very capable, Janette Rankin and Sylvia Maxwell.

We thank you for your loyalty over the past three years and hope you will all continue to attend the Lunch Group, giving your support to Janette & Sylvia.

Gillian Forrest
Outings Group: March and April 2016

On 11 March, the Outings Group visited the Glasgow Museums Resource Centre in Nitshill. This proved to be a fascinating visit, which we all thoroughly enjoyed. The variety of exhibits stored at this facility had to be seen to be believed and we were fortunate to visit several of the pods within the building, on a guided tour with a very knowledgeable guide. Each pod houses a different type of exhibit, with the atmospheres being monitored for temperature and humidity. The Natural History pod also contained moth traps to prevent any possible damage from these insects on the specimens.

On the 15 April, the destination was Traquair House, Scotland’s oldest inhabited house dating from 1491 and set in the Ettrick Forest near Innerleithen. Lived in by the Stuarts who were staunch Catholics and supporters of the Jacobite cause there is a priest hole in the priest’s room for a speedy exit from the building, if required. A very entertaining guided tour was given to us starting in the chapel, with a wealth of information and very interesting artefacts to view, including those from Mary Queen of Scots visit in 1566. The house became untouched by time when the family were imprisoned and fined for their beliefs. There is a small brewery on site too.

After an excellent lunch in the tearooms, we continued into Innerleithen and visited Robert Smail’s Printing Works, established in 1866 and now an NTS property. Hands on experience gave us the chance to produce our own bookmark at the start of our 7 year apprenticeship and learn how the language of print has modern day usage. So mind your p’s and q’s . . . . .

On the 30 April we had an extra excursion arranged by Siobhan to Glasgow’s Britannia Music Hall, the Panopticon, tucked away in the Trongate and the world’s oldest surviving Music Hall. The building’s façade is impressive although the interior is in need of much continued refurbishment, it began life in the late 1850’s. The show was put on by an enthusiastic group of volunteers from small children to our age range who, fortunately, were not greeted by our audience as in times past when no turn was un-stoned.

Group leader: Cary Jones. Contact details: caryjones67@hotmail.com 07759 527820

Scrabble.

Did you know that there are two groups? ‘Carluke and Lanark’

Carluke group.

There are now 17 members in the Carluke Group. We continue to meet weekly, in our members houses, all year round. Each time we meet we play two games and also make time to have tea and cakes, supplied by the host, between each game. Although we play the ‘open dictionary’ game it is still competitive and light hearted. Some of you may be doing some mental arithmetic and thinking how can 17 get into an ordinary sized house to play Scrabble. It has only happened on three occasions when more than 8 (2 boards) have said that they wanted to play. Most of us have so many other commitments 17 into 8 usually does work.

Nelson Waters
**Table Tennis group.**

The group meets on a Friday afternoon in Lanark Lifestyles between 3.30 and 4.45pm.

Our numbers range from 12 players of a varied standard 6 men and 6 women who have all improved under the coaching of Kevin Johnson and myself.

We play on 2 tables next door to Lanark swimming pool. It is very good for balance and hand eye coordination. Players of all standards are welcome.

There is a welcoming atmosphere of inclusion, fun and exercise at the same time. why not come and join us?

*Lesley Gair*

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**Croquet.**

The new season of croquet has now started and has been very well attended by both old and new members.

Once again, the manager of the Cartland Bridge Hotel has kindly allowed us to use the lawn in front of the hotel to set up two courts. This means 10 people can play at any one time.

Those who have already experienced our brand of garden croquet are now making excellent helpers for the new players, although, as usual, there is still plenty of "discussion" as to the rules!

As we can only accommodate a certain number of people, it is now necessary to start a waiting list for anyone else who wishes to join.

*Colin Bulloch*

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**Holiday Italian.**

I would just like to tell everyone who might be thinking of studying Italian, just how much I enjoyed our recent short 6 week class which was aimed at helping with holiday conversation.

I, and I am sure I speak for my fellow class mates had a super time. We learned so much and we had so much fun.

I hope we can do something similar again and I would encourage anyone interested in learning Italian to look out for your next class.

Thank you so much, Lesley, for your time and patience.

*Jeanette Arneil*
THEATRE GROUP
The last few months have provided a variety of theatrical experiences mainly in Lanark Memorial Hall. We have enjoyed a wonderful Strauss Gala Concert preceded by a convivial Cocktail Party. Some of us attended a nostalgic Rat Pack Tribute Evening with excellent renditions of ‘Amore’, ‘New York New York’ and many more favourites. Finally there was a blast back to the Sixties with "Magic of the Beatles" - "We love you yeah yeah". Hopefully the 2015 - 2016 programme has offered something to suit all tastes - some blips along the way. Please peruse our Autumn/Winter programme and let me (L Swan) know as soon as possible performances which you would like to attend so that tickets can be booked quickly. Your suggestions are always welcome - I will do my best to please everyone! Scottish Ballet is top of the list for 2016 - 2017. Pre theatre lunches/ meals will continue to be on offer as appropriate. Happy holidays in Theatreland.

Lorraine Swan.

Theatre group by Elizabeth McLachlan
Having spent a wonderful evening at a superb theatre visit in the company of lovely people I felt quite compelled to write a few words about the event.

The evening started at Lorraine’s house where we enjoyed cocktails served by a most gracious and generous hostess. We then went to the Memorial Hall where we were treated to a musical extravaganza. The Viennese Strauss Gala performed by The British Philharmonic Concert Orchestra Ensemble conducted by Anthony Kraus with the soprano Marlyn Hill Smith, Tenor Andrew Forbes and the Baritone Jeremy Peaker captivated the audience with a performance worthy of large venues worldwide. How lucky we are to have experienced this event in Lanark!

The performance was introduced by Mark Langley who was superb in the part of Fritz and introduced a very light hearted element throughout the evening. The whole evening was truly magical. My thanks go once again to Lorraine for arranging this most successful evening.

Pub Lunch & Discussion Group.
Friday 4th March
Subject: Should the United Kingdom remain or leave the European Union?
This proved an interesting discussion dealing with the many pro’s and con’s of both sides of the argument. With everyone taking an active part it was finally decided to put it to a vote and the overall decision by our group was to remain as members of the European Union.

Friday, 1st April
Subject: The joys and benefits of being retired.
The general feeling of the group was the free time one had to explore and take part in activities that were now available because normal work schedules would not allow this to happen in the past. Helping with baby-sitting for our grandchildren and the many leisure pastimes made it easy to fill our days.

Friday, 6th May
Subject: Talk on a subject of your own choice.
This topic proved to be interesting and diverse as you would imagine, from famous authors, our best holidays, well known musicians, sportsmen/women, caravan and camping, pets and different types of holidays. This was an ideal end of session subject.

On a personal basis, after four years as group leader I have decided to stand down. I would like to express my sincere thanks for the help and co-operation I have received in my tenure and would wish Ken Liddell every success when he takes over the duty of leader in September this year.

Ken Forrest
SOCIAL CYCLING GROUP

We got our second season of Social Cycling off to a start in March. For reasons to do with our Scottish weather it’s a summer activity only; we hope to continue until October, doing two rides a month (on a Monday or Tuesday afternoon). It is encouraging that our list of members has grown from 5 last year to about 12 this year. So far, we’ve had up to six taking part in any one ride.

We had to cancel our second scheduled ride in April due to unfavourable weather prospects; this means that over the past three months we’ve had five rides. Our starting points were Lanark Loch (for Carmichael), Carstairs (for Braehead), Thankerton (for Biggar), Forth (for Auchengray) and Carluke (for Allanton and Bonkle). We usually have circular routes of between 10 and 15 miles.

It is not easy to avoid hills, as they seem to be everywhere, however we take our time and allow each one to go at their own pace. We usually complete the ride in about two hours and have time for tea/coffee at the end. We are able to view some beautiful countryside and many of the minor roads we travel are virtually traffic free. Next month we may take a trip to Abington to do a ride from there and are considering travelling further away for an extended cycle trip some time during the summer.

Two members so far have turned up with Electric Assist bikes (along with an “electric smile”): these are great for anyone who struggles with the pedalling, especially on steep hills – you still pedal and get lots of exercise but have extra power to get you up the hills. These machines look like they will become very popular in the future.

Anyone interested in knowing more about the group or joining one of our rides, please contact Group Leader, John Foster: jlfoster40@btinternet.com; 01555 759102

GARDENING GROUP

There are now 25 members in our popular gardening group. During the last three months we have had our usual discussions on various gardening topics such as ‘the pros and cons of using peat free potting compost’, ‘the effect of weather fluctuations on the progress of our gardens’ and many more.

In May Lanark and District U3A members Janice Cleland and Anne Armstrong gave a very interesting and informative presentation on the history and future plans of the Clyde Valley Orchard Group. Two of which are help and advice with pruning and planting fruit trees and bushes and also producing their own apple juice. Also in May we visited Newhall Garden in Carlops. We visited this lovely garden on 3rd August last year and it was made clear to me by the members of the group the they wanted to visit again. I am not sure if it was the excellent garden or the excellent lunch which prompted the request for a repeat visit. 50/50 maybe. Tricia Kennedy, who with her husband John, own Newhall excelled herself in both horticultural knowledge and culinary expertise.

Short Breaks Group

Our group are looking forward to our trip to Grange-Over-Sands from 5th to 7th August for a Tribute Weekend.

This will be our first venture so look out for a report about our ‘goings on’ in the next Newsletter.

Janette Rankin.

Humour Group meets at Kildare Farm, 103 St Leonard Street, Lanark on the last Tuesday of the month

We are a small group who wish to laugh a lot as our motto indicates. We usually watch a Dvd of members’ choices, then relate humourous stories and even tell some jokes. We discuss different styles of humour as we don’t always find every comedian/ne funny

On the whole we always feel cheered up and leave with smiles on our faces

Next meeting is on Tuesday 30th August at 10.15am New members will be made welcome

Contact Loraine on 01555 662809/07964041374 for further information.

Nelson Waters
The puzzle from the last edition was:
There are four bungalows in our cul-de-sac. They are made from these materials: straw, wood, brick and glass.
Mrs Forrest’s bungalow is somewhere to the left of the wooden one and the third one along is brick.
Sheila Easton owns a straw bungalow and Nelson does not live at either end, but lives somewhere to the right of the glass bungalow. Rosemary lives in the fourth bungalow, whilst the first bungalow is not made from straw.

Who lives where, and what is their bungalow made from?

This is the solution. Were you correct?

<table>
<thead>
<tr>
<th>Number</th>
<th>#1</th>
<th>#2</th>
<th>#3</th>
<th>#4</th>
</tr>
</thead>
<tbody>
<tr>
<td>Name</td>
<td>Mrs Forrest</td>
<td>Sheila Easton</td>
<td>Nelson</td>
<td>Rosemary</td>
</tr>
<tr>
<td>Material</td>
<td>Glass</td>
<td>Straw</td>
<td>Brick</td>
<td>Wood</td>
</tr>
</tbody>
</table>

If you separate and label the clues, and label the bungalows #1, #2, #3, #4 from left to right we can see that:

a. Mrs Forrest’s bungalow is somewhere to the left of the wooden one.
b. The third one along is brick.
c. Sheila Easton owns a straw bungalow
d. Nelson does not live at either end.
e. Nelson lives somewhere to the right of the glass bungalow.
f. Rosemary lives in the fourth bungalow
g. The first bungalow is not made from straw.

By (g) #1 isn’t made from straw, and by (b) nor is #3. By (f) Rosemary lives in #4 therefore by (c) #2 must be straw, and Sheila Easton lives there. Therefore by (d) Nelson must live in #3, which, by (b) is the brick bungalow. By (a) #4 must be wooden (otherwise Mrs Forrest couldn’t be to its left) and by (f) Rosemary lives there. Which leaves Mrs Forrest, living in #1, the glass one.

A recent survey showed that women who carried a little extra weight lived longer than men who mentioned it!

Thanks to Janie Easton for sharing.

Want to save some money? Then this may be of interest.

The marriage tax allowance started in April 2015 and is available to all married couples and civil partners who are under the age of 81, where one is a non-taxpayer at the basic 20% rate. The non-taxpayer can then shift £1,100 of their tax free allowance to the taxpayer—so they now have an extra £1,100 of tax-free income, worth £220.

It really is very simple, and only takes a few minutes; just use the application at HM Revenue & Customs (HMRC). To do it you’ll need both your National Insurance numbers, and one of a range of different acceptable forms of ID for the non-taxpayer. Apply online at www.gov.uk/marriage-allowance or call 0300 200 3300.

If you were eligible last year you can also retrospectively apply for it.

Layman’s information can be found by going to www.mse.me/marriagetax for full details.

Wednesday, 21st September 2016
Please put this date in your diary it is for the first General Meeting of the 2016/17 session.

Contributions from anyone who has something to say, be it about the U3A as a whole, one of the groups or as an individual are welcome. Please send items for inclusion, by email, to Nelson Waters at nelsonwaters@btinternet.com

Thanks to everyone who contributed.